

## APPENDIX N – BEHAVIORAL HEALTH (BH) LEVELS OF CARE

**BH1 Level of Care:** *No history and no current need* - The offender has no known behavioral health treatment history and has been assessed to have no current behavioral health condition.

**BH2 Level of Care:** *Only history and no current need* - The offender has a history of behavioral health treatment but has been assessed to have no current need for services.

**BH3 Levels of Care:** *Outpatient Services* – The offender has been assessed and meets the following criteria:

1. The offender has a history of behavioral health treatment, and
2. The offender has experienced, or may be at risk to experience mild psychological distress or transient psychiatric disorder(s) that can be treated with outpatient psychological interventions.

**BH4 Level of Care:** *Intensive Outpatient Services* - The offender has been assessed and meets the following criteria:

1. The offender meets the criteria of BH3
2. The offender has been assessed to require increased hours of highly structured outpatient therapy to include group therapy and individual therapy on a weekly basis.
3. The offender has been assessed to require services as an intervention prior to residential treatment or as a step down from residential treatment. The offender will receive the following services in intensive outpatient services:
  - i. Psychotherapy services as available and clinically indicated, to include brief, long-term, supportive, or intensive approaches.
  - ii. The offender will receive a minimum of 9 hours of individual/group therapy per week generally for a 12 week course of treatment.
  - iii. The offender will receive an assessment after the completion of intensive outpatient services to determine the next appropriate level of care.

**BH5 Level of Care:** *Residential Treatment* - The offender meets criteria for BH4 and has been assessed to have significant functional impairment requiring placement in a residential care unit. The unit will provide a safe and therapeutic environment focused on symptom stabilization, improving activities of daily living, and programming with comprehensive wrap-a- round services from a multi-disciplinary team consisting of psychiatric providers, psychologists, medical personnel, clinicians and other behavioral health professionals.

**BH6 Level of Care - Inpatient Hospitalization** – The offender is referred to the Treatment Review Committee to consider for inpatient hospitalization. The following criteria must be met:

1. The offender requires treatment beyond that available within the Department of Correction.
2. The offender meets the criteria for civil commitment were he or she not incarcerated, as defined by state law, and
3. The Treatment Review Committee (TRC) will convene per DOC Policy.